

Arthritis Awareness



It's easy to register

www.northshoreprivate.com.au



North Shore Private Education Centre
3 Westbourne Street,
St Leonards 2065



Wednesday 14 October 2026

RSVP Friday 9 October



steadmanl@ramsayhealth.com.au
0419 201 105

PROGRAM

6.30pm Registration and dinner

7.00pm Round Table Discussions

The importance of prehabilitation and rehabilitation in arthritis management

Mr Scott Appleton,

Day Program & Outpatient Therapy Manager

Hip & knee arthritis management

Dr Akshay Kamra, *Orthopaedic Surgeon (Hip & Knee)*

Spinal arthritis management

Dr Joel Steiner, *Orthopaedic Surgeon (Spine)*

Ramsay Health Care services and programs

Ms Lorrie Mohsen, *CEO Mt Wilga private hospital*

9.00pm Evaluation and close

Hours 2 hours PR



Email if you wish to be removed from our mailing list

LEARNING OUTCOMES

- Identify the role of prehabilitation and rehabilitation in arthritis management.
- Explain approaches to hip and knee arthritis management.
- Describe approaches to spinal arthritis management.

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