

Essentials in women's health

heavy menstrual bleeding, perimenopause, menopause and cancer-related vasomotor symptoms



It's easy to register

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Wednesday 14 October 2026

RSVP Tuesday 13 October



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PROGRAM

6.00pm Registration and dinner

6.30pm Presentations and discussion

Heavy menstrual bleeding – guidelines & management

Dr Stephen Lee, *Gynaecology*

Perimenopause symptoms & management

Dr Rebecca Mackenzie Proctor, *Gynaecology, IVF, Fertility*

Gynaecology/ oncology perimenopause/ menopause

Dr Rosie McBain, *Gynaecology Oncology*

Update on breast density and screening

Dr Diarmuid O'Malley, *General Surgery*

9.00pm Evaluation and close

LEARNING OUTCOMES

- **Outline** current management options for heavy menstrual bleeding.
- **Recognise** common perimenopausal symptoms and appropriate management strategies.
- **Describe** menopause management considerations following gynaecological cancer.
- **Support** women with dense breasts to make informed screening choices.

CPD hours 2



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