

Women's Health

The conversations GPs are having

Practical updates on UTIs, metabolism, obesity and women's health



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27 Mills Boulevard,
Alphington VIC 3078



Thursday 13 August 2026
RSVP Monday 10 August



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PROGRAM

6.00pm Registration and dinner

6.30pm Presentations and discussion

Recurrent UTI in women

Dr Yik Lim, *Gynaecology*

Women, metabolism & lipids: From PCOS to Type 2 Diabetes

A/Prof Erosha Premaratne, *Endocrinology & General medicine*

Pelvic floor: IBD, microbiome, obesity-related inflammation, pelvic floor disorders post-partum,

Dr Atandril Das, *Colorectal surgery*

Breast disease, obesity & hormonal risk:

Where metabolism matters

Dr Wei Ming Oi, *Endocrine & Onco Breast surgery*

Body contouring considerations in women

Dr Nam Anvekar, *Plastic & Reconstructive surgery*

9.00pm Evaluation and close

LEARNING OUTCOMES

- Recognise cardiometabolic risk in women with PCOS and diabetes.
- Identify risk factors and red flags for recurrent UTIs.
- Support patients considering body contouring surgery following weight change
- Recognise the impact of obesity and hormonal factors on breast disease risk.
- Identify common pelvic floor disorders and risk factors in women.

CPD hours 2



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