



# Restoring function

Modern approaches to mobility,  
recovery and quality of life

knee arthritis, post op rehab, life after weight loss

**It's easy to register**

[northwestprivatehospital.com.au](http://northwestprivatehospital.com.au)



The Beetson Hotel,  
33 Caxton Street,  
Petrie Terrace QLD 4000



**Tuesday 4 August 2026**

RSVP Monday 3 August



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## PROGRAM

**6.00pm** Registration and dinner

**7.00pm** Presentations and discussion

**Knee arthritis and robotic total knee replacement**

Dr Blake Fidock, *Orthopaedic Surgeon*

**Post operative rehabilitation - what do we do**

Dr Adlyn Adnan, *Rehabilitation Medicine Physician*

**Beyond weight loss: The role of body contouring  
surgery after bariatric surgery and GLP-1 therapy:  
Restoring function and quality of life**

Dr Matthew Peters, *Plastic Surgeon*

**8.30pm** Evaluation and close

CPD hours: 2



Email if you wish to be removed from our mailing list

## LEARNING OUTCOMES

- Recognise when knee osteoarthritis may benefit from surgical intervention.
- Identify key considerations for recovery and rehabilitation after joint replacement surgery.
- Explain the functional challenges that can arise after significant weight loss.

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