

Mental Health Update:

Day Programmes Uncovered – Pathways to Recovery and Support

Join this session and learn about Ramsay Clinic Hollywood's evidence-based Day Programs and how they support people with a range of mental health conditions. The session will outline how participants build practical coping strategies, support their wellbeing, and engage in recovery while maintaining daily routines.



Latest medical updates and healthcare insights from Hollywood's leading professionals

Hear expert clinical insights from specialist doctors, supporting your professional development on current practices, emerging treatments, and multidisciplinary care.

WHEN AND WHERE

Wednesday, 15 July, 1-2pm
(HPH Lecture Theatre or via Zoom)

LEARNING OUTCOMES

By the end of this session, participants will be able to:

- Understand the range of Day Programmes available at RCH and their key focus areas
- Identify which programmes are most appropriate for different mental health presentations
- Describe the benefits of a day programme model for patients, staff, and family members
- Recognise how to support individuals accessing these services, both clinically and personally
- Understand referral pathways and how to access the programmes
- Gain insight into the multidisciplinary approach and how it supports holistic patient care

HOW TO REGISTER

Click the link

Attendance: Indicate in-person or Zoom in comments

PRESENTERS

Ramsay Clinic Hollywood Team

This session will be presented by some of our experienced multidisciplinary team at Ramsay Clinic Hollywood, who specialise in the assessment and treatment of various mental health presentations. Bringing together expertise across psychiatry, psychology, nursing, and allied health, the team is committed to delivering compassionate, evidence-based care. Their collaborative approach ensures a holistic understanding of everyone's needs, supporting recovery while empowering patients, families, and referrers with practical knowledge and resources.

Future Dates: 19 Aug | 16 Sept | 21 Oct | 18 Nov | Topics to be confirmed

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Private Hospital
Part of Ramsay Health Care