

# Managing Osteoarthritis of Hips and Knees

Hunters Hill Private Hospital invites you to join our Osteoarthritis multidisciplinary team led by Rheumatologists **Professor David Hunter** and **Dr Shirley Yu**, for this interactive GP focussed educational event. Other team members include Physiotherapists **Rosanne Favre** and **Janice Ho**, Dietitian **Elizabeth Glanville** and Occupational Therapist **Bernadette Ho**.  
*GPs are invited to bring cases and questions for discussion on the evening.*



## LEARNING OUTCOMES

- Develop a multidisciplinary management plan for people with osteoarthritis of the hip / knee
- Participate as part of the multidisciplinary team in the management of patients with osteoarthritis
- Explain the role of physiotherapy, OT and dietician in managing osteoarthritis

## PROGRAM

6.30pm Registration and canapes

7.00pm Presentation

### Osteoarthritis

- burdeon of disease
- current management options: evidence based options that work / those that don't
- GPs role
- Role of allied health professionals

### Workshops

Physiotherapy: *The power of "healing"*  
Nutrition and Dietetics: *Mindful or mind-full?*  
Occupational Therapy: *Educate, engage and "equip"*

### Panel discussion

9.00pm Evaluation and close

## WHEN

**Tuesday 12 February 2019**

## WHERE

Hunters Hill Medical Practice  
6 Ryde Road  
Hunters Hill NSW 2110

## RSVP

**Monday 4 February 2019**



*It's easy to register*

**Online** at <http://www.northshoreprivate.com.au/For-GPs/GP-Education>

**Email** [gpeducation.nsp@ramsayhealth.com.au](mailto:gpeducation.nsp@ramsayhealth.com.au)

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Email if you wish to be removed from our mailing list

 **Hunters Hill  
Private Hospital**  
Part of Ramsay Health Care