

Obesity, back pain an update for 2025

the GP's role in a MDT approach to obesity & recurrent back pain

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Wednesday 5 February 2025

RSVP Friday 31 January



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PROGRAM

- 6.30pm** Registration and dinner
- 7.00pm** Presentations and discussion
- Obesity management:
injections versus resections**
Dr Vytauras Kuzinkovas,
General Surgeon, Upper GI & Bariatrics
- Challenges in managing back pain
in complex systems**
Dr Ashish Diwan,
Orthopaedic Surgeon, Spine
- 9.00pm** Evaluation and close

LEARNING OUTCOMES

- Outline GPs role as part of MDT approach to manage obesity
- Describe current weight loss option: pros/cons, outcomes and problems
- Identify how to mitigate risk for recurrent back pain
- Describe how to treat acute lumbar disc herniation

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