

Sleep Matters

Understanding adult and paediatric sleep disorders

It's easy to register

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Westmead Private Hospital
Cnr Mons & Darcy Roads
Westmead NSW 2145



Thursday 13 February 2025
RSVP Monday 10 February



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PROGRAM

6.30pm Registration and dinner

7.00pm Presentations and discussion

**Treatment of obstructive sleep apnoea –
the new and the old**

Dr Peter Wu, *Respiratory and Sleep Medicine Physician*

Long term effects of obstructive sleep apnoea

Dr Mohan Nagarajah,
Respiratory and Sleep Medicine Physician

Paediatric sleep studies: what GPs need to know

Dr Jagdev Singh,
Paediatric Respiratory and Sleep Medicine Physician

9.15pm Evaluation and close

LEARNING OUTCOMES

- Describe the latest treatment options for obstructive sleep apnoea
- Identify the long term effects of obstructive sleep apnoea
- Outline the investigation/management of children with sleep disordered breathing

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