

# From Fibroids to Freedom

tackling fibroids, heavy menstrual bleeding  
and menopausal transitions



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[southernhighlandsprivate.com.au](https://southernhighlandsprivate.com.au)



Milton Park, 200 Horderns Rd,  
Bowral NSW 2576  
and Live Streamed to Zoom



**Wednesday 20 November 2024**  
RSVP Wednesday 13 November



[ingramK@ramsayhealth.com.au](mailto:ingramK@ramsayhealth.com.au)  
0418 114 314

## PROGRAM

**6.30pm** Registration and dinner

**7.00pm** Presentations and discussion

### **Abnormal Uterine Bleeding**

Dr Alex Chen

### **Fibroids**

Dr Tanu Rao

### **Genitourinary symptoms of menopause**

Dr Genevieve Bishop

**8.30pm** Evaluation and close

## LEARNING OUTCOMES

- Describe current management options for a woman with uterine fibroids
- Evaluate and manage heavy menstrual bleeding
- Discuss menopausal symptoms and treatment options

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