

# GP Continuing Professional Development

# Unlocking Knee Health

From early intervention to cutting-edge solutions



common knee problems, red flags, surgery - who, when, why, rehabilitation, OA of the knee

**It's easy to register**

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Landmark Orthopaedics  
Level 2, 500 Pacific Highway  
St Leonards NSW 2065



**Wednesday 23 October 2024**

RSVP Tuesday 22 October



[biererw@ramsayhealth.com.au](mailto:biererw@ramsayhealth.com.au)

Wendy Bierer on 0419 201 105

## Program

**6.30pm** Registration and dinner

**7.00pm** Workshops:

**Who actually needs surgery: how do we choose who to operate on?**

Q&A session - bring your questions,

Dr David Parker *Orthopaedic Surgeon*

**Assessment of common Knee Problems: diagnostic dilemmas and identifying red flags,**

Dr Jobe Shatrov, *Orthopaedic Surgeon*

**Assessment of the arthritic Knee,**

Dr Myles Coolican, *Orthopaedic Surgeon*

**Maximising Knee Recovery: the Hidden dangers of incomplete Rehab,**

Nico Furlan, *Senior Strength & Conditioning Coach Jointli*

**Effective OA management for successful long-term outcomes,** Tom Carruthers, *Senior Exercise Physiologist, Jointli*

**9.00pm** Evaluation and close



## Learning Outcomes

- Outline the diagnosis and management of knee arthritis and other common knee conditions
- Describe new technologies available in the management of common knee conditions
- Outline the role of rehabilitation in knee recovery

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# PROFILES



## Dr Myles Coolican | Orthopaedic Surgeon

MBBS FRACS

Dr Coolican's practice centres around surgical treatment of knee problems particularly computer navigated knee arthroplasty and lower limb realignment for arthritis and deformity. His own knee injury as a medical student gave him an interest in the treatment of ligamentous disruptions and he continues to treat injuries to the anterior cruciate ligament and other knee supporting structures. Dr Coolican performs over 200 Total Knee Replacements each year, as well as performing over 75 ACL reconstructions. He also performs Revision Knee Replacements, Arthroscopic Knee Surgery and High Tibial Osteotomy.

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## Dr David Parker | Orthopaedic Surgeon

B Med Sci, MBBS, FRACS, FAOrthA

Dr Parker is an orthopaedic surgeon with an interest in disorders and surgery of the knee joint. He has an interest in computer assisted and robotic knee replacement surgery, sports injuries and ligament reconstruction surgery, as well as surgery to realign and restore the knee joint. His elective surgical practice focuses exclusively on the knee joint, and he also has a strong interest in nonsurgical management of knee arthritis and has established a multidisciplinary clinic for this in St Leonards.

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## Dr Jobe Shatrov | Orthopaedic Surgeon

MBBS (Hons), Bsc. (Physio), Grad. Dip. (Surgical Anatomy), FRACS FAOrthA

Dr Jobe Shatrov is an orthopaedic surgeon with a focus on knees at Landmark Orthopaedics in St Leonards, Sydney. He is a cutting-edge researcher, innovator, and teacher, and is at the forefront of robotic knee surgery, ACL and sports knee surgery. His practice areas include: robotic knee arthroplasty, ACL and sports knee surgery, patellofemoral joint in total knee arthroplasty and knee injuries in elite athletes.

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## Dr Nico Furlan

PHD

Senior Strength &  
Conditioning Coach



## Tom Carruthers

Senior Exercise  
Physiologist

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