

# Mental Health in Motherhood

A guide for GP's



**It's easy to register**

[www.alburywodonga.com.au](http://www.alburywodonga.com.au)



Albury Wodonga Private Hospital  
Conference Room  
1125 Pemberton Street  
West Albury, NSW, 2640



**Tuesday, 30 July 2024 or  
Tuesday 6 August 2024**

RSVP Mon 29 Jul or Mon 5 Aug



[hornec@ramsayhealth.com.au](mailto:hornec@ramsayhealth.com.au)  
0407 050 288

## PROGRAM

**6.15pm** Registration and refreshments

**6.30pm** Round table discussions

### **Perinatal mental health**

Dr Kristin Barrett, *Psychiatrist*

### **Group programs – how can they help your patient?**

Dr Merran Watt, *Clinical Psychologist*

### **Q and A**

**8.30pm** Evaluation and close

## LEARNING OUTCOMES

- Describe the signs & symptoms of postnatal depression
- Screen for depression using the Edinburgh Postnatal Depression Scale
- Outline management and support options for mothers/parents with mental health problems



Email if you wish to be removed from our mailing list

Scan to register

