

# Special Interest *Series*

## The Grumpy Teenager

mood disorders and comorbidity in teenagers

### PROGRAM

6.30pm Registration and dinner

7.00pm Presentation and discussion

**Dr Justine Ellis, Psychiatrist**

Dr Ellis has broad experience in both Australian and UK practices, in treating children with neurodevelopmental disorders. Her focus includes obsessive - compulsive and mood disorders in children and adolescents, with experience in complex psychopharmacology and long-term psychotherapy, including mentalisation-based therapy for children and families.

8.30pm Evaluation and close

### LEARNING OUTCOMES

- Describe how to assess/diagnose a teenager who presents with depressed mood
- Identify GP based psychological tools used in assessment and management
- Outline a MDT management plan including when to refer for specialist assessment

*It's easy to register*

**online** GP Education | Ramsay Clinic Northside ([ramsaymentalhealth.com.au](https://ramsaymentalhealth.com.au))

**email** [Sheardj@ramsayhealth.com.au](mailto:Sheardj@ramsayhealth.com.au)

**call** 0427 268 261

1.5 EA hrs



### WHEN

**Tuesday 7 May 2024**

### WHERE

Ramsay Clinic Northside,  
2 Frederick Street,  
St Leonards 2065

Scan to register



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**Ramsay  
Mental Health**