

## GP EDUCATION

# Keeping women well

Round table case studies - menopause, morning sickness, preterm birth, incontinence



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[www.northshoreprivate.com.au/For-GPs/GP-Education](http://www.northshoreprivate.com.au/For-GPs/GP-Education)



Education Centre  
North Shore Private Hospital  
3 Westbourne St. St Leonards NSW 2065



**Tuesday 27 February 2024**  
RSVP Monday 26 February 2024



[biererw@ramsayhealth.com.au](mailto:biererw@ramsayhealth.com.au)  
Wendy Bierer on 0419 201 105

## PROGRAM

**6.30pm** Registration and dinner

**7.00pm** Case based discussions

### **Menopause management including testosterone**

Dr Sarah Livingstone, O&G

### **Preventing pre term birth and morning sickness**

Dr Kieran McCaffrey, O&G

### **Carrier screening and early pregnancy complications**

Dr Kiran Vanza, O&G

### **UTIs and urge incontinence**

Dr Rebecca Young, O&G

**9.00pm** Evaluation and close

## LEARNING OUTCOMES

- Identify the indications for testosterone use in menopause
- Describe the management of morning sickness
- Discuss carrier screening
- Outline the management of UTIs and urge incontinence.

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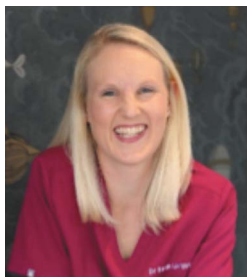


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**North Shore  
Private Hospital**  
Part of Ramsay Health Care

# PROFILES



## **Dr Sarah Livingstone** O&G BSC, MBBS, FRANZCOG

Dr Sarah Livingstone is a fully qualified Fellow of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists. Sarah has completed training in some of Sydney's finest hospitals including Royal Prince Alfred Hospital, The Royal Hospital for Women and St Vincent's Private and Public Hospitals. She has completed rural training at The Tweed Hospital and Royal Darwin Hospital. Sarah held the Senior Registrar position at The Royal Hospital for Women for two years, before completing an extra year of training in advanced laparoscopic and urogynaecology surgery at St Vincent's Hospital, gaining additional expertise in minimal invasive surgery and complex pelvic floor repair. In addition to her public hospital appointments, Sarah joined North Shore Private Hospital in 2023 to provide private gynaecological care for women at all stages of their lives.

**North Gynaecology**, Suite A209, North Shore Health Hub, 7 Westbourne Street, St Leonards **T:** 02 9157 1955 **F:** 02 9157 4088 **W:** [drsarahlivingstone.com](mailto:drsarahlivingstone.com)



## **Dr Kieran McCaffrey**, O&G MBBS, M.SURG, FRANZCOG

Dr McCaffrey completed his medical degree at The University of Notre Dame, prior to completing a Masters of Surgery at The University of Sydney. He completed his Obstetric & Gynaecological training through Royal North Shore Hospital, focusing on high-risk obstetric care and management as well as advanced laparoscopic surgery. He also gained further minimally-invasive gynaecological surgical experience working as a fellow at St. Vincent's Hospital. He currently holds a public appointment as a Staff Specialist at RNSH, and is a VMO at North Shore Private Hospital. He provides care privately for both obstetrics and gynaecology and enjoys a collaborative approach with GPs with patient care.

Level 3, Suite 7, North Shore Private Hospital, 3 Westbourne Street, St Leonards **T:** 02 9191 7432 **F:** 02 8365 3223 **W:** [drmccarey.com.au](mailto:drmccarey.com.au)



## **Dr Kiran Vanza**, O&G MBBS (HONS), FRANZCOG, MMED (REPROD), MMED (ADVGYN SURG)

Dr Kiran Vanza is a fully qualified Fellow of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists. Sarah has completed training in some of Sydney's finest hospitals including Royal Prince Alfred Hospital, The Royal Hospital for Women and St Vincent's Private and Public Hospitals. She has completed rural training at The Tweed Hospital and Royal Darwin Hospital. Sarah held the Senior Registrar position at The Royal Hospital for Women for two years, before completing an extra year of training in advanced laparoscopic and urogynaecology surgery at St Vincent's Hospital, gaining additional expertise in minimal invasive surgery and complex pelvic floor repair. In addition to her public hospital appointments, Sarah joined North Shore Private Hospital in 2023 to provide private gynaecological care for women at all stages of their lives.

**Sydney Mother and Baby, British Medical Association**, Level 9, 135 Macquarie Street, Sydney **T:** 02 9251 8550 **F:** 02 9251 8525  
**Femina**, Ground Floor, Suite 2/71 Longueville Road, Lane Cove **T:** 02 9157 0111 **F:** 02 9182 0022  
**W:** [drmorris.com.au/dr-kiran-vanza](http://drmorris.com.au/dr-kiran-vanza)



## **Dr Rebecca Young**, O&G MBBS, MWomHMed, FRANZCOG, CU

Dr Rebecca Young undertook her obstetrics and gynaecology training at Royal North Shore Hospital in Sydney, with rotations at Northern Beaches, Port Macquarie, and Gosford Hospitals. She completed advanced gynaecological and laparoscopic training at Westmead Hospital and has been awarded the Fellowship of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (FRANZCOG). She subsequently undertook subspecialty training with a Fellowship in Urogynaecology at Gold Coast University Hospital (Robina and Varsity Lakes) in Queensland and St George Pelvic Floor Unit in Sydney. Dr Young is a certified urogynaecologist and treats conditions such as prolapse and urinary incontinence, as well as providing general gynaecological care.

Level 5, 22 Darley Rd, Manly **T:** 02 9094 3313 **F:** 02 9977 2584 **W:** [www.drrebeccayoung.com.au](http://www.drrebeccayoung.com.au)